

Learning Objectives

MedBridge Education
*Rotator Cuff and Labral Pathology:
Presentation and Post-Operative Rehabilitation*
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Upon completion of this course, the online learner will be able to:

Chapter 1: Introduction

General introduction to the course

Chapter 2: SLAP Lesions

1. Identify key anatomical structures and pathokinematics of the glenoid labrum.
2. Describe the mechanisms of injury for SLAP lesions.
3. Describe typical presentation of patients with SLAP lesions
4. Perform and interpret specific clinical examination tests & maneuvers for SLAP lesions.
5. Outline guidelines to follow and proper rehabilitation protocols for patients recovering from surgical SLAP repair.
6. Plan and implement a scientifically based post-operative rehabilitation protocol for SLAP lesion patients.

Chapter 3: Rotator Cuff Tears

1. Identify key anatomical structures and pathokinematics of the rotator cuff .
2. Perform and interpret specific clinical examination tests & maneuvers for rotator cuff tears.
3. Identify important post-op considerations
4. Plan and implement a scientifically based post-operative rehabilitation protocol for rotator cuff tear patients.

Chapter 4 – Shoulder Instability

1. Outline the various surgical options for patients with shoulder instability, as well as the concomitant procedures that can be performed.
2. Identify understand the post-op guidelines and considerations for Bankart Repair patients.
3. Plan and implement a scientifically based post-operative rehabilitation protocol for shoulder instability patients.